# Mapleridge Recreation Centre for adults 50+

"Engaging you in a welcoming and vibrant community that empowers members to live active healthy and fulfilling lives."



# October 2024



Monday 8am-5pm,Tuesday 8am-5pm Wednesday 8am-5pm, Thursday 8am-5pm Friday 8am –4pm Saturday 11am-3:30pm

1085 Brealey Drive, Peterborough, Ontario K9K 0C1 Phone: (705) 742-1481

**Email**: heather.mcginn@mapleridgerecreationcentre.com

susan.king@mapleridgerecreationcentre.com

Ontario 😚

Updated: Oct 4 2024

# **Message from the President**

#### **By-Laws**

I am happy to report that at a special meeting on September 16, 2024, with the members and the Board Directors voted to accept the revised "Articles" as presented (formerly known as Letters Patent). We also voted to accept the revised By-Laws by which we are governed. These documents have been signed by Mary Hopkins, Secretary of the Board and Ollie Bakelaar, President of the Board. Our lawyer, Joe Grant, will now take care of the next step to make sure that we are compliant with the Not-for-Profit Corporations Act 2010 (ONCA). Thank you to all who attend the meeting.

#### **Holiday Market**

Don't forget to come out and support Mapleridge in our biggest fundraiser of the year on Nov 15 & 16. Invite your family friends and enjoy some early holiday shopping with over 20 vendors. Hope to see you there!

#### **Christmas Dinner**

Registration is open for our Christmas Dinner on Sunday, December 8 at 1pm..Register at the office in person or by phone. 705-742-1481

#### **Volunteers**

We are always looking for volunteers for a variety of positions, please see the office for more details.

Ollie Bakelaar President, Board of Directors.

# **Support Mapleridge**

We are asking you to consider supporting Mapleridge with a tax deductible financial donation. Please consider one of the following options:

- One Time Contribution. One time gifts are always appreciated.
- In Honour Donations. A great way to recognize a friend who doesn't need more 'stuff'. Your friend would receive a card acknowledging your gift to Mapleridge in his/her honour.
- Canada Helps. An online donation technology for registered charities. Tax receipts are
  emailed immediately. Visit <a href="www.mapleridgerecreationcentre.com">www.mapleridgerecreationcentre.com</a> and click on the DONATE
  button on the top right hand corner.
- **Company Matching.** Some employers will match charitable donations of current and/or retired employees. Does yours?

Your donation ensures that our active and dynamic recreation centre continues to be a healthy, vibrant one. For more information, please contact the office AT 705-712-1481

#### **Board of Directors 2024/2025**

Name	Position
Ollie Bakelaar	President
Charlaine Schwass	Vice President
Sharla Trudell	Treasurer
Mary Hopkins	Secretary
Gary Cornell	Director
Joan Michaels	Director
Doug Loney	Director
Ron Smith	Director





# **Notices & General Inquiries**

#### **Emails**

The office sends out regular emails to its members. Using our software "My Senior Centre" the emails come from the following address:

#### null@myactivitycenter.com

Members may need to check their junk mail as some email providers detect it as spam.

Some internet providers block our emails from being sent and unfortunately Mapleridge has no control over this and members are encouraged to visit our website for up-to-date information.

www.mapleridgerecreationcentre.com

#### **No Program Trials**

Mapleridge does not provide trials for any programs. Anyone wishing to join our programs must be a paid member. Membership forms are available in person or on our website: mapleridgerecreationcentre.com

#### **Guests**

Guests are welcome for meals and special events. Please call to register if interested in attending.

# Front Door Reception Volunteers Needed Thursday Morning & Afternoon 8:30am-12pm 12pm-4pm Mon-Sat fill-ins Call the office for more information 705-742-1481

#### **Volunteers**

We are always looking for volunteers in the following areas:

- Front Door
- Kitchen Clean Up
- Cafe
- Special Event Leads
- Delta Bingo

Contact the office for more information.

# **Key Tags**

Be sure to bring your key tag as everyone must sign in. This enables us to contact trace and better manage programs.



#### **Front Door**

There is a volunteer located at the front door. This volunteer will scan each member's key tag to check into My Senior Centre (MSC) and hole punch the User Fee Card.





# **General Information & Upcoming Events**

# **Payments**

Mapleridge accepts MC, Visa, American Express, Debit as well as Cash and Cheques. Phone the office if you prefer to pay over the phone by credit card. We are sorry to inform our members and guests that the office does not accept \$100 dollar bills.

The office is not able to make change for \$50 and \$20 bills



without a payment. It is appreciated if you need to change your larger bills, you do so before arriving at the centre.

#### **User Fee Cards**

"User Fee Cards" are available for purchase from the office. The cards come in denominations of \$10 and \$20.



Be considerate of others.
If you are feeling under the weather, please stay at home.



# **Holiday Facility Closure**

Please note that Mapleridge will be closed on statutory holidays. Please check our website, Facebook and email blast for announcements.



Mini Bucks Bid Euchre \$5.00 At the Door

Saturday, Oct 5 & 19

Doors Open at 11:15 am Cards start at 12:30 pm

Pies & Sandwiches for Sale No Beginners Please





Euchre and Games Night
Friday, October 11
\$2.00 At the Door
Doors Open at 5:00pm
Cards start at 6:00pm

AT THE CAFE 50/50
Slice of Pie \$3 Hamburger or Sausage & Drink \$6

Jackpot \$200
and \$100

Sunday Oct 27,2024

1:00pm \$20.00

Everyone Welcome
Pay at the Door
CASH ONLY!

Bring your own dabbers

# **Member Information**

# **Membership Information**

If members have any changes to address, phone or contact information please call the centre. Emergency contact is also important to keep updated.

Memberships are non-refundable. The fee is \$30.00 per year and is subject to change.

#### **Lifetime Members**

Individuals who are 90 years of age or older, or are turning 90 in the year are excluded from paying the membership fee.

# Library

The library is open for book and puzzle exchange. Members



need to check-in at the front door when attending the library.

# **New and Renewed Memberships**

Membership forms are available at the centre or on the website: mapleridgerecreationcentre.com

Must be a member to participates in registered programs and drop in programs.

Payments for memberships must be made within 3 business days in person or over the phone.



# **Program Registration**

- Registration is required for some programs.
- Register for programs over the phone or in person
- Programs start on time.
- There is no transferring of programs
- Being a past participant in a class does not guarantee a spot in a future series. Always register in advance to avoid disappointment.

# **Program Fees**

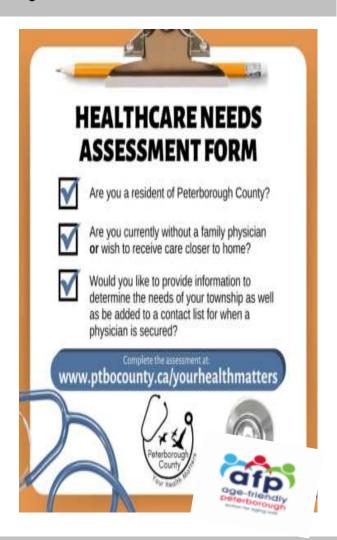
- Program fee for most registered programs.
- When attending a program (registered or drop in) there is a \$2.00 non-refundable fee.
- "User Fee Cards" can be purchased from the office.
- Payments must be made within three business days.
- Refund request is accepted prior to program start date.
- No refunds for missed classes.
- Full refunds will be provided if programs are cancelled before it starts.
- Staff reserve the right to cancel.





# **Partnerships & Community Events**





# **Webinars**



Register at Mapleridge Office in person or by phone 705-742-1481

Older Adult Centres' Association of Ontario presents

# Flu Awareness and Prevention Webinar

Join presenters:

James Morrison Director, Pharmacy Excellence Wholehealth Pharmacy Partners

and Monica Balkaran Registered Nurse;

Rexdale Community Health Centre
Learn about staying well during flu season, causes and
symptoms of respiratory illness and how vaccination
supports your health.

Free for Seniors Active Living Centres and
OACAO Members staff, volunteers,

older adults and caregivers Supported by an educational grant by

sanofi

FRIDAY OCTOBER 18, 2024

10:30 - 11:30 am EDT MAPLERIDGE LIBRARY







Didas Adult Common Association of Detario Securiation des samtes pour sinée de l'Ortario



# DANCE LESSONS BEGINNERS

# SALSA, BACHATA, MERENGUE

# THURSDAY OCT 31-DEC 5 11:15 AM-12:30 PM

# 6 WEEKS \$60

Learn the basics of Salsa, Bachata and Merengue. These popular Latin social dances are found in many Latin night clubs, so if you enjoy the upbeat rhythms of Latin music, this class is for you. You will learn the basic footwork and some simple sequences to get you looking good on the dance Floor. Enjoy these fun partner dances. You don't need any prior dance experience or your own partner.

# INSTRUCTOR

# GABIA FERGUSON

# REGISTRATION IS REQUIRED 705-742-1481



dancewithme.ca

Gabia has been an instructor & owned a dance school for numerous years, first in Australia & now in Canada. A dedicated teacher of various social dance styles including Street Latin, 50's Rock n' Roll, West Coast Swing & Lindy Hop, her passion for dancing is obvious & infectious. These fun & relaxed partner dances, suited for all ages, are a great way to exercise & socialize.

- Won many competitions both amateur & professional
- Chosen to dance in the opening ceremony of the 2000 Olympic Games
- Part of the initial resurgence of Lindy Hop

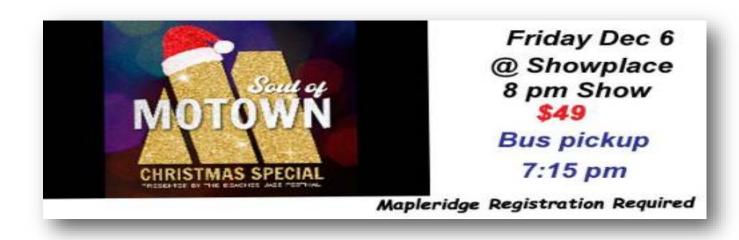


# **Bus Trips- Showplace**



#### DID YOU KNOW?

Peterborough Symphony Orchestra is a non-profit charity located in downtown Peterborough, Ontario that is committed to serving our community through high quality orchestral performances, education and engagement. For over 50 years, the PSO has been a cultural cornerstone of the Peterborough area and has a reputation as one of the finest community-based orchestras in Canada.







REGISTER IN PERSON OR BY PHONE 1085 BREALEY DRIVE 705-742-1481