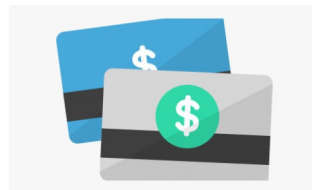




January/February 2025

User Fee Cards are available for purchase from the office. The cards come in denominations of \$10 and \$20.

Each time a member enters Mapleridge and checks-in to a program (either drop in or registered), the front door volunteer will punch the card to indicate the \$2 user has been paid.



Registered Programs

Registration fee may apply

Arts

User fee applies to all programs at Mapleridge

Program	Day	Start	End	Time	Fee	Instructor
Bunka	Tuesday	Jan 7	Jan 28	1:00pm-3:00pm	\$10.00	Bernice Cote
		Feb 4	Feb 25	1:00pm-3:00pm	\$10.00	Bernice Cote
Learn to Draw	Tuesday	Jan 7	Jan 28	9:30am-11:30am	\$10.00	Barry Johnson
	Tuesday	Feb 4	Feb 25	9:30am-11:30am	\$10.00	Barry Johnson
Watercolour Class	Monday	Jan 20	Feb 10	1:00pm-4:00pm	\$70.00	Debra Bannister

Exercise-Light Weight

User fee applies to all programs at Mapleridge

Program	Day	Start	End	Time	Fee	Instructor
Bone Building Strength & Balance	Tuesday	Jan 7	Jan 28	2:30pm-3:30pm	\$26.00	Susan Stevenson
		Feb 4	Feb 25	2:30pm-3:30pm	\$26.00	Susan Stevenson
Function & Mobility- New Time	Wednesday	TBA	TBA	11:15am-12:00pm 11:15am-12:00pm	\$24.00 \$24.00	Natalie Wittek Natalie Wittek

Dance

User fee applies to all programs at Mapleridge

Program	Day	Start	End	Time	Fee	Instructor
Ballet Barre-Beginner	Monday	TBA	TBA	2:30pm-3:30pm	\$24.00	Natalie Wittek
				2:30pm-3:30pm	\$24.00	Natalie Wittek
Line Dance Modern Beginner/Improver	Monday	Jan 6	Jan 27	1:00pm-2:00pm	\$12.00	Gary Calder
		Feb 3	Mar 3	1:00pm-2:00pm	\$12.00	Gary Calder
Line Dance Inter/ Traditional	Thursday	Jan 9	Jan 30	1:00pm-2:00pm	\$12.00	Gary Calder
		Feb 6	Feb 27	1:00pm-2:00pm	\$12.00	Gary Calder

Mentastics

User fee applies to programs all at Mapleridge

Program	Day	Start	End	Time	Fee	Instructor
Mentastics	Tuesday	Jan 7	Jan 28	12:15pm-1:00pm	\$25.00	Michelle Godfrey
		Feb 4	Feb 25	12:15pm-1:00pm	\$25.00	Michelle Godfrey

Meditation

User fee applies to programs all at Mapleridge

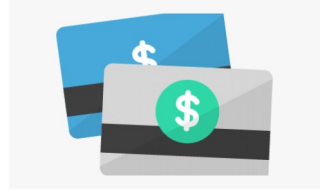
Program	Day	Start	End	Time	Fee	Instructor
Meditation Intro	Tuesday	Jan 7	Jan 28	1:30pm-2:15pm	\$25.00	Michelle Godfrey



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Registered Programs

Registration fee may apply

Tai Chi/Qigong User fee applies to all programs at Mapleridge

Program	Day	Start	End	Time	Fee	Instructor
Tai Chi	Thursday	Jan 9	Feb 27	2:30pm-3:30pm	\$16.00	Michael Campbell
Qigong –New Time	Monday	Jan 13	Feb 3	3:45pm-4:45pm	\$25.00	Kathryn Matheson

Yoga User fee applies to all programs at Mapleridge

Program	Day	Start	End	Time	Fee	Instructor
Yoga for Balance & Strength	Monday	Jan 6 Feb 3	Jan 27 Mar 3	10:15am-11:00am 10:15am-11:00am	\$24.00 \$24.00	Josee Caron Josee Caron
Yoga Better Bones	Monday	Jan 6 Feb 3	Jan 27 Mar 3	11:15am-12:15pm 11:15am-12:15pm	\$24.00 \$24.00	Heather Clarke Heather Clarke
Yoga Stretch & Strength	Tuesday	Jan 7 Feb 4	Jan 28 Feb 25	9:00am-10:00am 9:00am-10:00am	\$24.00 \$24.00	Heather Clarke Heather Clarke
Yoga Gentle	Tuesday	Jan 7 Feb 4	Jan 28 Feb 25	4:00pm-5:00pm 4:00pm-5:00pm	\$26.00 \$26.00	Susan Stevenson Susan Stevenson
Yoga Chair	Wednesday	Jan 8 Feb 5	Jan 29 Feb 26	10:00am-11:00am 10:00am-11:00am	\$26.00 \$26.00	Susan Stevenson Susan Stevenson
Yoga Yin Yang	Friday	Jan 10 Feb 14	Feb 7 Mar 7	11:15am-12:15pm 11:15am-12:15pm	\$24.00 \$24.00	Josee Caron Josee Caron

Zumba User fee applies to all programs at Mapleridge

Program	Day	Start	End	Time	Fee	Instructor
Zumba Light	Tuesday	TBA	TBA	11:15am-12:00pm 11:15am-12:00pm	\$24.00 \$24.00	Natalie Wittek Natalie Wittek
Zumba Light	Thursday	TBA	TBA	9:15am-10:00am 9:15am-10:00am	\$24.00 \$24.00	Natalie Wittek Natalie Wittek

Mini Bucks Bid Euchre
\$5.00 At the Door
Saturday, Dec 7 & 21
Doors Open at 11:15 am
Cards start at 12:30 pm
Pies & Sandwiches for Sale
No Beginners Please



Jackpot \$200 and \$100
Sunday Dec 22, 2024
1:00pm \$20.00
Everyone Welcome
Pay at the Door
CASH ONLY!
Bring your own dabbers

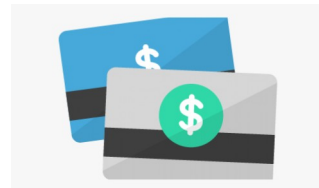




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Drop In Programs

User fee applies to programs

Shuffleboard

Day	Time
Monday	9:00am, 10:30am, 1:30pm & 3:30pm
Tuesday	9:30am, 11:00am, & 1:30pm
Wednesday	9:30am, 11:00am, 1:30pm & 3:30pm
Thursday	9:30am, 11:30am, 1:30pm & 3:30pm
Friday	9:30am, 11:00am, 1:30pm & 3:30pm

Contact Ed Hughes for more information on joining a shuffleboard team.

Phone: 705-740-3841

Email: rxcist@gmail.com

Pickleball For Fun Drop In

Level	Day	Time
Beginner	Wednesday	3:45pm

Darts

Level	Day	Time
Beginner	Tuesdays	3:15pm

Contact Helen Hamblin for more information
Email: helenhamblin@icloud.com

Winter Shuffleboard Sign Up

Winter Shuffleboard Sign Up for teams is open from Oct 1-Nov15 Sheets with team days and times are located in shuffleboard room. Winter season starts January 2, 2025.

Billiards Schedule

Monday	 8:30am-10:00am 10:30am-12:00pm
Tuesday	8:30am-10:00am 10:30am-12:00pm 12:30pm-2:00pm
Wednesday	8:30am-10:00am 10:30am-12:00pm 1:00pm-2:30pm
Thursday	8:30am-10:00am 10:30am-12:00pm 12:30pm-2:00pm
Friday	8:30am-10:00am
Saturday	11:00am-12:30pm

Recreation & Leisure

Program	Day	Time
Bingo	Friday	1:00pm
Bocci Ball	Monday	10:00am
Exercises	Tues & Thurs	10:15am
Table Tennis	Mon, & Fri	10:00am

Cards & Games

Game	Day	Time
Bid Euchre	Tuesday Thursday	1:00pm 1:00pm
Bridge (Beg)	Tuesday	9:00am
Bridge	Wednesday	1:00pm
Cribbage	Monday	1:00pm
Euchre	Wednesday	1:00pm

Lessons

Game	Day	Time
Bid Euchre	Saturday	10:30am

Mini Bucks Bid Euchre

Date: Saturday Dec 7 & 21
Doors open at 11:15am
Cards start at 12:30pm
Cost: \$5.00 per person
NO BEGINNERS PLEASE
Sandwiches & pies to purchase.



Big Bingo

Date: Sunday, Dec 22
Doors open at Noon
Bingo starts at 1:00pm
Cost: \$20.00 per person
Everyone Welcome
Pay at the door, cash only
Café open.



Week at a Glance

Monday

Program	Time
Billiards	8:30am
Shuffleboard	9:00am
Bocci Ball	10:00am
Table Tennis	10:00am
Yoga for Balance & Strength	10:15am
Billiards	10:30am
Shuffleboard	10:30am
Yoga for Better Bones	11:15am
Line Dance Inter Low Trad/Modern	12:30pm
Watercolour	1:00pm
Cribbage	1:00pm
Shuffleboard	1:30pm
Ballet Barre Beginner	2:30pm
Shuffleboard	3:30pm
Qigong	3:45pm

Tuesday

Program	Time
Billiards	8:30am
Bridge Beginner	9:00am
Yoga Stretch-Sept 24	9:00am
Shuffleboard	9:30am
Learn to Draw	9:30am
Exercises	10:15am
Billiards	10:30am
Zumba Light	11:15am
Shuffleboard	11:00am
Mentastics	12:15pm
Billiards	12:30pm
Bid Euchre	1:00pm
Bunka	1:00pm
Shuffleboard	1:30pm
Meditation Intro	1:30pm
Bone Building Strength & Balance	2:30pm
Beginners Darts	3:15pm
Gentle Yoga	4:00pm

Wednesday

Program	Time
Billiards	8:30am
Beginners Hoops	9:30am
Shuffleboard	9:30am
Chair Yoga— New Time	10:00am
Billiards	10:30am
Shuffleboard	11:00am
Function & Mobility— New Time	11:15am
Billiards	1:00pm
Euchre	1:00pm
Bridge	1:00pm
Shuffleboard	1:30pm
Shuffleboard	3:30pm
Beginner Pickleball	3:45pm

Thursday

Program	Time
Billiards	8:30am
Zumba Light	9:15am
Shuffleboard	9:30am
Exercises	10:15am
Billiards	10:30am
Shuffleboard	11:30am
Billiards	12:30pm
Bid Euchre	1:00pm
Line Dance Intermediate	1:00pm
Shuffleboard	1:30pm
Tai-Chi	2:30pm
Shuffleboard	3:30pm
Yoga Stretch	4:00pm

Friday

Program	Time
Billiards	8:30am
Choir-No practice in Dec	9:00am
Shuffleboard	9:30am
Table Tennis	10:00am
Shuffleboard	11:00am
Yin Yang Yoga	11:15am
Bingo	1:00pm
Shuffleboard	1:30pm
Shuffleboard	3:30pm
Euchre & Games—Dec 13	6:00pm

Saturday

Program	Time
Bid Euchre Lessons	10:30am
Billiards	11:00am
Mini Bucks Dec 7 & 21	12:30pm

CAFE
 10am-3pm Monday-Wednesday
 10am-1:30pm- Thursday
 11am-2:30pm Friday

Soup & Sandwich
 available on Tuesdays
 and Wednesdays
 11:30 am

Soup & Roll \$5.00
Sandwich \$5.00
Soup/Sandwich Combo \$9.00



Mapleridge Saturday Night Dance
Dec 14
 7:00pm-11:00pm
Why not bring a friend?! \$10 cash at the door
 Doors open at 6:30pm
 DJ, 50/50
 Cash Bar, Snacks for Sale
 705-742-1481 1085 Brealey Drive Peterborough



Euchre and Games Night
Friday, Dec 13
 \$2.00 At the Door
 Doors Open at 5:00pm
 Cards start at 6:00pm

AT THE CAFE **50/50**

Slice of Pie \$3
Hamburger or Chicken Burger & Drink \$6

