

Mapleridge Recreation
Centre for adults 50+

*"Engaging you in a welcoming and vibrant
community that empowers members to
live active healthy and fulfilling lives."*



January 2024



Monday 8am-5pm, Tuesday 8am-5pm
Wednesday 8am-5pm, Thursday 8am-5pm
Friday 8am –4pm
Saturday 11am-3:30pm

1085 Brealey Drive, Peterborough, Ontario K9K 0C1
Phone: (705) 742-1481

Email: heather.mcginin@mapleridgerecreationcentre.com
Or

susan.king@mapleridgerecreationcentre.com



Updated: Jan 10, 2025

Ontario 

Message from the President

Happy New Year and welcome to 2025. I hope everyone had wonderful holiday season.

SALC Grant Survey

As you may be aware Mapleridge receives funding from the Provincial Government called "SALC" (Seniors Active Living Grant) As a part of this funding we are required to survey our members to determine the outcomes of our programs Paper copies are available at the Centre as well as on our website. We appreciate your input in advance for taking the time to fill out the survey, your input is important to us.

Ollie Bakelaar
President, Board of Directors.



Support Mapleridge

We are asking you to consider supporting Mapleridge with a tax deductible financial donation. Please consider one of the following options:

- **One Time Contribution.** One time gifts are always appreciated.
- **In Honour Donations.** A great way to recognize a friend who doesn't need more 'stuff'. Your friend would receive a card acknowledging your gift to Mapleridge in his/her honour.
- **Canada Helps.** An online donation technology for registered charities. Tax receipts are emailed immediately. Visit www.mapleridgerecreationcentre.com and click on the **DONATE** button on the top right hand corner.
- **Company Matching.** Some employers will match charitable donations of current and/or retired employees. Does yours?

Your donation ensures that our active and dynamic recreation centre continues to be a healthy, vibrant one. For more information, please contact the office at 705-712-1481

Board of Directors 2024/2025

Name	Position
Ollie Bakelaar	President
Charlaine Schwass	Vice President
Sharla Trudell	Treasurer
Mary Hopkins	Secretary
Gary Cornell	Director
Joan Michaels	Director
Doug Loney	Director
Ron Smith	Director

Delta Bingo Volunteers

Did you know that for 2 1/4 hours of volunteer time at Delta Bingo, Mapleridge could receive as much as \$940? For two scheduled session in a month we could receive \$1880.

This fiscal year April 1, 2024 to Nov 30, 2024 we have received \$14,000. Please consider becoming a volunteer at Delta. Ask Mapleridge office HOW.



Notices & General Inquiries

Emails

The office sends out regular emails to its members. Using our software "My Senior Centre" the emails come from the following address:

null@myactivitycenter.com

Members may need to check their junk mail as some email providers detect it as spam.

Some internet providers block our emails from being sent and unfortunately Mapleridge has no control over this and members are encouraged to visit our website for up-to-date information.

www.mapleridgerecreationcentre.com

No Program Trials

Mapleridge does not provide trials for any programs. Anyone wishing to join our programs must be a paid member. Membership forms are available in person or on our website:
www.mapleridgerecreationcentre.com

Guests

Guests are welcome for meals and special events. Please call to register if interested in attending.

Volunteers

We are always looking for volunteers in the following areas:

- Front Door
- Kitchen Clean Up
- Cafe
- Special Event Leads
- Delta Bingo

Contact the office for more information.

Key Tags

Be sure to bring your key tag as everyone must sign in. This enables us to contact trace and better manage programs.



Front Door

There is a volunteer located at the front door. This volunteer will scan each member's key tag to check into My Senior Centre (MSC) and hole punch the User Fee Card.



New Program

Rhythm & Flo Dance Workshop & Series

Thursday, Jan 23 11:15am

Workshop \$8

Thursday Jan 30-Feb 20

11:15am \$25- 4 week series

New Instructor: Ashton Swinnerton
Register at the office



Express yourself through the healing art of music & motion. Fun and joyful dance class where there are no wrong moves. Listen to the music and move your body. Traditional and contemporary music with many styles of rhythm.

General Information & Upcoming Events

Payments

Mapleridge accepts MC, Visa, American Express, Debit as well as Cash and Cheques. Phone the office if you prefer to pay over the phone by credit card. We are sorry to inform our members and guests that the office does not accept \$100 dollar bills.

The office is not able to make change for \$50 and \$20 bills without a payment. It is appreciated if you need to change your larger bills, you do so before arriving at the centre.



User Fee Cards

“User Fee Cards” are available for purchase from the office. The cards come in denominations of \$10 and \$20.



*Be considerate of others.
If you are feeling under the weather, please stay at home.*



Holiday Facility Closure

Please note that Mapleridge will be closed on statutory holidays. Please check our website, Facebook and email blast for announcements.

Cancelations & Building Closures

With the unpredictable winter weather here for awhile, it is important to remember that programs may be cancelled due to the weather. With the “My Senior Centre” software we are able to send out “robo calls” to all members if a program is cancelled or the centre is closed. Also please remember that the morning after a large snowfall, it takes time to clear the sidewalks and parking lot. We ask you to be patient and allow time for proper snow removal on these days.



Game Night

Euchre and Games Night
Friday, Feb 14
\$2.00 At the Door
Doors Open at 5:00pm
Cards start at 6:00pm
50/50
Food available
AT THE CAFE

CAFE

10am-3pm Monday-Wednesday
10am-1:30pm- Thursday
9am-3pm Friday

Soup & Sandwich
available on Tuesdays
and Wednesdays
11:30 am

Soup & Roll \$5.00
Sandwich \$5.00
Soup/Sandwich Combo \$9.00

Mini Bucks Bid Euchre
\$5.00 At the Door
Saturday, Jan 18
Doors Open at 11:15 am
Cards start at 12:30 pm
Pies & Sandwiches for Sale
No Beginners Please



Member Information

Membership Information

If members have any changes to address, phone or contact information please call the centre. Emergency contact is also important to keep updated.

Memberships are non-refundable. The fee is \$30.00 per year and is subject to change.

Lifetime Members

Individuals who are 90 years of age or older, or are turning 90 in the year are excluded from paying the membership fee.

Library

The library is open for book and puzzle exchange. Members need to check-in at the front door when attending the library.



New and Renewed Memberships

Membership forms are available at the centre or on the website: mapleridgerecreationcentre.com
Must be a member to participate in registered programs and drop in programs.

Payments for memberships must be made within 3 business days in person or over the phone.

Chair Exercise Workshop & Series

Monday, Jan 20 9am
Workshop \$8
Monday Jan 27-Feb 24
9am \$25- 4 week series

New Instructor:
Ashton Swinnerton
Register at the office



Program Registration

- Registration is required for some programs.
- Register for programs over the phone or in person
- Programs start on time.
- There is no transferring of programs
- Being a past participant in a class does not guarantee a spot in a future series. Always register in advance to avoid disappointment.

Program Fees

- Program fee for most registered programs.
- When attending a program (registered or drop in) there is a \$2.00 non-refundable fee.
- "User Fee Cards" can be purchased from the office.
- Payments must be made within three business days.
- Refund request is accepted prior to program start date.
- No refunds for missed classes.
- Full refunds will be provided if programs are cancelled before it starts.
- Staff reserve the right to cancel.

 **Mapleridge**
Saturday Night Dance
Jan 25 DJ . 50/50
Cash Bar
Snacks for Sale

\$10 cash at the door
Why not bring a friend?!

705-742-1481
1085 Breaaley Drive Peterborough

Doors open at 6:30pm
7:00pm-11:00pm



Jackpot \$200
and \$100

BINGO



Sunday Jan 26, 2025
1:00pm \$20.00
Everyone Welcome
Pay at the Door
CASH ONLY!
Bring your own dabbers

Bus Outing



SHOWPLACE PERFORMANCE CENTRE

on Sunday, Oct 5, 2025

@7:30 pm \$54

Bus leaves Mapleridge
6:45pm

Registration required at Mapleridge
office or by phone 705-742-1481

Traveling Wilburys Revue

George Harrison, Tom Petty, Roy Orbison, Bob Dylan, Jeff Lynne

THE TRAVELING WILBURYS—straight from San Francisco, California

The super-group that never performed live the music they created out
of the brief moment_at the invitation of George Harrison

to “get together and write some songs’.

Hits like Handle with Care, End of the Line, Last Night.....

THE TRAVELING WILBURYS REVUE brings the music of the WILBURYS
and hits from each of these individual artists to every show. Here
Comes the Sun, Won't Back Down, Pretty Woman, Like a Rolling Stone,
Don't Bring Me Down and more that everyone knows and loves. Now
fans can finally see and hear these great songs at every performance

THE TRAVELING WILBURYS REVUE

Partnerships & Community Events



LIVING AND AGING WELL WORKSHOP SERIES



SETTING GOALS FOR A BETTER YOU

Do you feel you need to simplify your life or need some motivation to be a better you? Changes to your household, lifestyle, finances, health, or personal life can provide the energy boost you need. We'll review what's holding you back, strategize what you can change, discuss the results and set goals to help you concentrate your efforts and motivate you for success.

Wednesday
January 15

10:30 - 12:00
at Peterborough
Public Library



TO REGISTER

www.ptbolibrary.ca/Adults or use the QR code then select, click here to register
or call 705-745-5382 ext. 2340

SASH-AAAAY TO STAY

DELTA PETERBOROUGH

DRAG BINGO

JANUARY 18, 2025, AT 7PM

WEAR YOUR OWN FABULOUS SASH!

\$40

Play Smart

Delta BINGO GAMING

TICKETS: DELTABINGO.EVENTBRITE.CA

**MAPLERIDGE RECREATION
CENTRE**

St. Patrick's Day Dance

Saturday March 15

Cost: \$10.00 per person

Doors open at 6:30pm

Dance 7:00pm-11:00pm

50/50, Cash Bar



**Featuring:
Four
Lanes
Wide**

**REGISTER IN PERSON OR BY PHONE
1085 BREALEY DRIVE
705-742-1481**